

Recommended Books for Premed Students

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Exploring Health Professions:

- Gevitz, Norman. *The D.O.'s: Osteopathic Medicine in America*. Baltimore: John Hopkins University Press, 1982.
- Gutkin, Lee, ed. *I Wasn't Strong Like This When I Started Out: True Stories of Becoming a Nurse*. In Fact Books, 2013.
- Lasker, Judith. *Hoping to Help: The Promises and Pitfalls of Global Health Volunteering*. ILR Press, 2016.
- Moore, Stuart. *Chiropractic in American: The History of a Medical Alternative*. Johns Hopkins University Press, 1993.
- National Health Council. *270 Ways to Put Your Talent to Work in the Health Field*. Washington, D.C.: National Health Council, 1998.

History of Medicine:

- Brooks, Geraldine. *Year of Wonders: A Novel of the Plague*. Penguin Books, 2002.
- Friedman, Meyer and Friedland, Gerald W. *Medicine's 10 Greatest Discoveries*. New Haven, C.T.: Yale University Press, 1998.
- Gandt, Lois, ed. *One Hundred Years of Osteopathic Medicine, a Photographic History*. Greenwich Press, 1995
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- Loudon, Irvine. *Western Medicine, An Illustrated History*. Oxford, New York: Oxford University Press, 1997.
- Ludmerer, Kenneth. *Time to Heal: American Medical Education from the Turn of the Century to Managed Care*. Oxford, New York: Oxford University Press, 1999.

- Martin, Emily. *Flexible Bodies: Tracking Immunity in American Culture from the Days of Polio to the Age of AIDS*. Boston: Beacon Press, 1994.
- Nuland, Sherwin. *Doctors: the Biography of Medicine*. New York: Vintage Books, 1995.
- Rothman, Sheila. *Living in the Shadow of Death: Tuberculosis and the Social Experience of Illness in American History*. New York: Basic Book, © 1994.
- Salmon, J. Warren. *The Corporate Transformation of Health Care: Perspectives and Implications*. Amityville, N.Y.: Baywood Pub. Co, 1990.
- Sirica, Coimbra. *Current Challenges to M.D. & D.O.'s*. New York: Josiah Macy Jr. Foundation, 1996.
- Skloot, Rebecca. *The Immortal Life of Henrietta Lacks*. New York: Crown Publishers, 2010.
- Starr, Paul. *The Social Transformation of American Medicine*. New York: Basic Books, 1982.
- Washington, Harriet. *Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to Present*. New York: Doubleday, 2006.
- Young, James Harvey. *American Health Quackery: Collected Essays*. Princeton, NJ: Princeton University Press, 1992.
- Young, James Harvey. *The Medical Messiahs, A Social History of Health Quackery in Twentieth-Century America*. Princeton, NJ: Princeton University Press, 1967.

Medical Education:

- Becker, Howard Saul. *Boys in White: Student Culture in Medical School*. Chicago: University of Chicago Press, 1961
- Duncan, David Ewing. *Residents: The Perils and Promise of Educating Young Doctors*. New York: Scribner, 1996.
- Holt, Terrence. *Internal Medicine: A Doctor's Stories*. New York: Liveright Publishing Corporation, 2014.
- Klass, Perri. *A Not Entirely Benign Procedure, Revised Edition: Four Years as a Medical Student*. New York: Kaplan Publishing, 2010.
- Konner, Melvin. *Becoming a Doctor: A Journey of Initiation in Medical School*. New York: Viking, 1987.
- Kozak, Alan, and David Svahn. *Let Me Listen To Your Heart: Writings by Medical Students*. New York: Basset Healthcare, 2002.
- Lerner Rothman, Ellen. *White Coat: Becoming a Doctor at Harvard Medical*. New York: W. Morrow, 1999.
- Ludmerer, Kenneth. *Time to Heal: American Medical Education from the Turn of the Century to the Era of Managed Care*. Oxford University Press, 1999.
- Maguire, Mary Ann. *PreMed: Who Makes It and Why?* New York: Teachers College Press, 1999.

- Marion, Robert. *The Intern Blues*. New York: Morrow, 1989.
- Miller, Robert, and Dan Bissell. *Med School Confidential: A Complete Guide to the Medical School Experience: By Students for Students*. New York: St. Martin's Griffin/Thomas Dunne Books, 2006.
- Pories, Susan, Sachin Jain, Gordon Harper, and Jerome Groopman, eds. *The Soul of a Doctor: Harvard Medical Students Face Life and Death*. Chapel Hill, NC: Algonquin Books of Chapel Hill, 2006.
- Rivkees, Scott. *Resident On Call: A Doctor's Reflections on His First Years at Mass General*. Guilford, Connecticut: Lyons Press, 2014.
- Rosner, Ben, and Jayakar Nayak, with Brandon Minnerly (illustrator). *The Complete Guide to the MD/PhD Degree: The Art and Science of "Doing it Twice."* Alexandria, VA: J & S Pub., 2004.
- Takakuwa, Kevin, Nick Rubashkin, and Karen Herzig, eds. *What I learned in Medical School: Personal Stories of Young Doctors*. Berkeley: University of California Press, 2004.
- Young, Audrey. *What Patients Taught Me: A Medical Student's Journey*. Seattle: Sasquatch Books, 2004.

The Science of Medicine:

- Davidson, Richard, and Sharon Begley. *The Emotional Life of Your Brain*. New York: Hudson Street Press, 2012.
- De Kruif, Paul. *Microbe Hunters*. New York, Harcourt, Brace and Co., 1926.
- Judson, Horace Freeland. *The Eighth Day of Creation: Makers of the Revolution in Biology*. New York: Simon and Schuster, 1979.
- Mukherjee, Siddhartha. *The Emperor of All Maladies: A Biography of Cancer*. New York: Scribner, 2010.
- Nesse, Randolph, and George Williams. *Why We Get Sick: The New Science of Darwinian Medicine*. New York: Times Books, 1994.
- Roach, Mary. *Bonk: The Curious Coupling of Science and Sex*. New York: W.W. Norton, 2008.
- Roach, Mary. *Spook: Science Tackles the Afterlife*. New York: W.W. Norton, 2005.
- Roach, Mary. *Stiff: The Curious Lives of Human Cadavers*. New York: W.W. Norton & Co., 2003.
- Schimpff, Stephen. *The Future of Medicine: Megatrends in Healthcare That Will Improve Your Quality of Life*. Thomas Nelson, 2007.
- Thomas, Lewis. *The Youngest Science: Notes of a Medicine Watcher*. New York: Viking Press, 1983.
- Wenegrat, Brant. *Theatre of Disorder: Patients, Doctors, and the Construction of Illness*. Oxford University Press, 2001.

Medicine – Fiction:

- Genova, Lisa. *Still Alice*. New York: Pocket Books, 2009.
- Green, John. *The Fault in Our Stars*. New York: Dutton Books, 2012.
- Eliot, George. *Middlemarch*. New York: Harcourt, Brace & World, 1962.
- Eugenides, Jeffrey. *Middlesex*. New York: Farrar, Straus, Giroux, 2002.
- Lewis, Sinclair. *Arrowsmith*. New York, Harcourt, Brace & World, 1925.
- Shem, Samuel. *The House of God*. New York: R. Marek Publishers, 1978.
- Verghese, Abraham. *Cutting for Stone*. New York: Alfred A. Knopf, 2009.

Medicine – Nonfiction:

- Bursztajn, Harold, Richard Feinbloom, Robert Hamm, and Archie Brodsky. *Medical Choices, Medical Chances. How Patients, Families, and Physicians Can Cope with Uncertainty*. New York: Delacorte Press/Seymour Lawrence, 1981.
- Cassell, Eric. *Doctoring: The Nature of Primary Care Medicine*. Oxford ; New York: Oxford University Press, 2002.
- Colgrove, Melba, Harold Bloomfield, and Peter McWilliams. *How to Survive the Loss of a Love*. Los Angeles, CA: Prelude Press, 1991.
- Crichton, Michael. *Five Patients: The Hospital Explained*. New York: Knopf, 1970.
- Dans, Peter. *Doctors in the Movies: Boil the Water and Just Say Aah*. Bloomington, IL: Medi-Ed Press, 2000.
- Davis-Floyd, Robbie, and Gloria St. John. *From Doctor to Healer: The Transformative Journey*. New Brunswick, NJ: Rutgers University Press, 1998.
- Dweck, Carol. *Mindset: The New Psychology of Success*. New York: Random House, 2006.
- Freidson, Eliot. *Medical Work in America: Essays on Health Care*. New Haven: Yale University Press, 1989.
- Galanti, Geri Ann. *Caring for Patients from Different Cultures: Case Studies from American Hospitals*. Philadelphia: University of Pennsylvania Press, 1997.
- Gawande, Atul. *Being Mortal: Medicine and What Matters in the End*. New York: Metropolitan Books, Henry Holt and Company, 2014.
- Gawande, Atul. *The Checklist Manifesto*. New York: Metropolitan Books, 2010.
- Gerber, Lane A. *Married to their Careers: Career and Family Dilemmas in Doctors' Lives*. New York: Tavistock Publications, 1983.
- Groopman, Jerome. *How Doctors Think*. Boston: Houghton Mifflin, 2007.
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- Iserson, Kenneth. *Death to Dust: What Happens to Dead Bodies?* Arizona: Galen Press, 2001.
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- Mukherjee, Siddhartha. *The Emperor of All Maladies: A Biography of Cancer*. New York: Scribner, 2010.
- Nash, David. *Future Practice Alternatives*. New York: Igaku - Shoin, 1987.
- Nechas, Eileen, and Denise Foley. *Unequal Treatment, What You Don't Know About How Women are Treated by the Medical Community*. New York: Simon & Schuster, 1994.
- Ofri, Danielle. *What Doctors Feel: How Emotions Affect the Practice of Medicine*. Boston: Beacon Press, 2013.
- Purtilo, Ruth, and Amy Marie Haddad. *Health Professional and Patient Interaction, 5th Edition*. Philadelphia: W.B. Saunders, 1996.
- Savett, Laurence. *The Human Side of Medicine*. Westport, CT: Greenwood Publishing Group, 2002.
- Spiro, Howard. *Empathy and the Practice of Medicine, Beyond the Pill and Scalpel*. New Haven, CT: Yale University Press, 1993.
- Sontag, Susan. *Illness as Metaphor and AIDS and its Metaphors*. New York: Doubleday, 1990.
- Washington, Harriet. *Medical Apartheid: The Dark History of Medical Experimentation on Black Americans*. New York: Doubleday, 2006.

Admissions Process:

- Baffi-Dugan, Carol, editor. *Health Professions Admissions Guide*. Sixth Edition. NAAHP, 2004.
- Baffi-Dugan, Carol, editor. *Premedical Advisor's Reference Manual*. Tenth Edition – previously available to NAAHP members. No longer in print.
- Danek, Jennifer and Danek, Marita. *Becoming a Physician: A Practical and Creative Guide to Planning a Career in Medicine*. Wiley, 1997.
- Fleenor, Jeremiah. *The Medical School Interview: Secrets and a System for Success*. Shift 4 Pub, 2006.
- Freedman, Jessica. *The Medical School Interview: From Preparation to Thank You Notes: Empowering Advice to Help You Succeed*. MedEdits Publishing, 2010.
- Huntington, Barbara and Masse, Linda. *Writing About Me: A step by step method to creating a powerful personal statement for schools of medicine, dentistry...* Montezuma Pub, 2003.

- Jackson, Evelyn W. and Bardo, Harold R. *Write for Success: Preparing a Successful Professional School Application*. NAAHP, 2014.
- Molitor, John. *Crazy Good Interviewing: How Acting a Little Crazy Can Get You the Job*. Hoboken, NJ: Wiley, 2012.
- Stelzer, Richard J. *How To Write a Winning Personal Statement*. Princeton, N.J.: Peterson's Guides, 1993.
- Tysinger JW. *Résumés and Personal Statements for Health Professionals.*, 2nd edition. Galen Press, Ltd., Tucson, AZ, 1999.

Public Health/Health Care System:

- Askin, Elisabeth and Nathan Moore. *The Health Care Handbook: A Clear and Concise Guide to the US Health Care System, 2nd Edition*. St. Louis: Academic Publishing Services, Washington University School of Medicine, 2014.
- Brownlee, Shannon. *Overtreated: Why Too Much Medicine is Making us Sicker and Poorer*. New York: Bloomsbury, USA, 2007.
- Cohn, Jonathan. *Sick: The Untold Story of America's Health Care Crisis – and the People who Pay the Price*. New York: HarperCollins Publishers, 2007.
- Lassey, Marie, William Lassie, and Martin Links. *Health Care Systems Around the World: Characteristics, Issues, and Reforms*. Upper Saddle River, NJ: Prentice Hall, 1997.
- Rosen, George. *A History of Public Health*. New York: MD Publications, 1958.
- Starr, Paul. *The Social Transformation of American Medicine*. New York: Basic Books, 1982.

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- Beauchamp, Tom L. *Intending Death: The Ethics of Assisted Suicide and Euthanasia*. Upper Saddle River, NJ: Prentice Hall, 1997.
- Beauchamp, Tom L. and Childress, James F. *Principles of Biomedical Ethics*. New York: Oxford University Press, 2001.
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- Tauber, Alfred I. *Confessions of a Medicine Man: An Essay in Popular Philosophy*. Cambridge, MA: MIT Press, 1999.
- Teresi, Dick. *The Undead: Organ Harvesting, the Ice-Water Test, Beating-Heart Cadavers – How Medicine is Blurring the Line Between Life and Death*. New York: Pantheon Books, 2012.

Cultural Competency:

- Chong, Nilda. *The Latino Patient: A Cultural Guide for Health Care Providers*. Intercultural Press, 2002.
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- Fadiman, Anne. *The Spirit Catches You And You Fall Down*. New York: The Noonday Press, 1997.

- Galanti, Geri Ann. *Caring for Patients from Different Cultures: Case Studies from American Hospitals*. Philadelphia: University of Pennsylvania Press, 1997.
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- Belli, Angela, and John Coulehan. *Blood and Bone: Poems by Physicians*. Iowa City: University of Iowa Press, 1998.
- Breedlove, C., ed. *Uncharted Lines: Poems from the Journal of the American Medical Association (JAMA)*. Albany, CA: Boaz, 1998.
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- Williams, William Carlos, and Robert Coles. *The Doctor Stories*. New York: New Directions, 1984.

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- Adams, Patch, and Pamela Jacobs. *House Calls: How We Can All Heal The World One Visit at a Time*. San Francisco, CA: Robert D. Reed Publishers, 1998.
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- Alvord, Lori Arviso, and Elizabeth Cohen Van Pelt. *The Scalpel and the Silver Bear*. New York: Bantam Books, 1999.
- Ansell, David. *County: Life, Death and Politics at Chicago's Public Hospital*. Chicago: Academy Chicago Publishers, 2011.
- Austin, Paul. *Something for the Pain: One Doctor's Account of Life and Death in the ER*. New York: W. W. Norton Company, 2008.
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- Butler, Katy. *Knocking on Heaven's Door: The Path to a Better Way of Death*. New York: Scribner, 2013.
- Cahalan, Susannah. *Brain on Fire: My Month of Madness*. New York: Free Press, 2012.
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- Chen, Pauline. *Final Exam: A Surgeon's Reflections on Mortality*. New York: Alfred A. Knopf, 2007.
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